

SOCIOLOGY 8

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Preface

Sociology: The Essentials is a book that teaches students the basic concepts, theories, and insights of the sociological perspective. With each new edition come new challenges—challenges that stem from new generations of students with different learning styles; challenges that stem from the diversity among students who will study this book; and challenges that stem from the changes that are taking place in society. One of the most important changes taking place today is how students learn and how they are engaged with their course material, often in the form of online learning resources. With that in mind, Sociology: The Essentials, eighth edition, takes full advantage of this revolutionary change by having a fully electronic version of the book available, which allows for personalized, fully online digital learning—a platform of content, assignments, and learning resources that will engage students in an interactive mode, while also offering instructors the opportunity to make individualized configurations of course work. Some will want to continue using the printed version of the book, still enhanced with various pedagogical features. But those who want to enhance their curriculum through online resources will be able to utilize the new MindTap Sociology in the way that best suits your course.

However the book is used, we have updated it to reflect the latest social changes and developments in sociological scholarship. Because we revise this book regularly, we are somewhat amazed, even as sociologists, to see how much can change even in the relatively short period of time between editions. Our book constantly adapts, not just to accommodate new scholarship that appears at an amazing pace, but also to recognize significant changes in society that occur.

In this edition, we have maintained the themes that have been the book's hallmark from the start: a focus on diversity in society, attention to society as both enduring and changing, the significance of social context in explaining human behavior, the increasing impact of globalization on all aspects of society, and a focus on the critical thinking and analysis of society that is fostered through sociological research and theory. We know that studying sociology opens new ways of looking at the world. As we teach our students, sociology is grounded in careful observation of social facts, as well as analyses of how society operates. For students and faculty alike, studying sociology can be exciting, interesting, and downright fun, even though it also deals with sobering social issues, such as the growing inequality that marks our time, as just one example.

In this book, we try to capture the excitement of the sociological perspective, while also introducing students to how sociologists do research and how they theoretically approach their subject matter. We know that most students in an introductory course will not become sociology majors, though we hope, of course, that our book and their teacher encourages them to do so. We want to give students, no matter their area of study, a way of thinking about the world around them that is not immediately apparent. This is especially reflected in a new feature of this edition—a short, boxed insert in every chapter entitled, "What Would a Sociologist Say?" Here, we take a common topic and, with informal writing, briefly discuss how a sociological perspective would approach understanding on that particular issue. We think this new feature will help students see the unique ways that sociologists view everyday topicsthings as commonplace as the funeral of a superstar, finding a job, or sports in popular culture.

And, importantly, we want our book to be engaging and accessible to undergraduate readers, while also preserving the integrity of sociological research and theory. Our experience in teaching introductory students shows us that students can appreciate the revelations of sociological research and theory if presented in a way that engages them and connects to their lives. We have kept this in mind throughout this revision and have focused on material that students can understand and apply to their own social worlds.

CRITICAL THINKING AND DEBUNKING

We use the theme of *debunking* in the manner first developed by Peter Berger (1963) to look behind the facades of everyday life, challenging the ready-made assumptions that permeate commonsense thinking. Debunking is a way for students to develop their critical thinking, and we use the debunking theme to help students understand how society is constructed and sustained. This theme is highlighted in the **Debunking Society's Myths** feature found throughout each chapter.

In this edition, we also include a feature to help students see the relevance of sociology in their everyday lives. The box feature **See for Yourself** allows students to apply a sociological concept to observations from their own lives, thus helping them develop their critical abilities and understand the importance of the sociological perspective.

Critical thinking is a term widely used but often vaguely defined. We use it to describe the process by which students learn to apply sociological concepts to observable events in society. Throughout the book, we ask students to use sociological concepts to analyze and interpret the world they inhabit. This is reflected in the **Thinking Sociologically** feature that is also present in most chapters.

Because contemporary students are so strongly influenced by the media, we also encourage their critical thinking through the box feature called **A Sociological Eye on the Media.** These boxes examine sociological research that challenges some of the ideas and images portrayed in the media. This not only improves students' critical thinking skills but also shows them how research can debunk these ideas and images.

A FOCUS ON DIVERSITY

When we first wrote this book, we did so because we wanted to integrate the then new scholarship on race, gender, and class into the core of the sociological field. We continue to see race, class, and gender—or, more broadly, the study of inequality—as one of the core insights of sociological research and theory. With that in mind, diversity, and the inequality that sometimes results, is a central theme throughout this book. A boxed theme, **Understanding Diversity**, highlights this feature, but you will find that analysis of inequality, especially by race, gender, and class, is woven throughout the book.

SOCIAL CHANGE

The sociological perspective helps students see society as characterized both by constant change and social stability. How society changes and the events—both dramatic and subtle—that influence change are analyzed throughout this book. New material is added throughout the text that comments on the impact of the economic recession that began in 2008 and shows students how their lives—seemingly individual—are greatly influenced by social structures beyond their control.

GLOBAL PERSPECTIVE

One of the main things we hope students learn in an introductory course is how broad-scale conditions influence things within their everyday lives. Understanding this idea is a cornerstone of the sociological perspective and one of the main lessons learned in introductory courses. One way to see this is to help students understand how the increasingly global character of society affects day-to-day realities. Thus, we use a global perspective to examine how global changes are affecting all parts of life within the United States, as well as other parts of the world. This means more than including cross-cultural examples. It means, for example, examining phenomena such as migration and immigration or helping students understand that

their own consumption habits are profoundly shaped by global interconnections. The availability of jobs, too, is another way students can learn about the impact of an international division of labor on work within the United States. Our global perspective is found in the research and examples cited throughout the book, as well as in various chapters that directly focus on the influence of globalization on particular topics, such as work, culture, and crime. The map feature **Viewing Society in Global Perspective** also brings a global perspective to the subject matter.

NEW TO THE EIGHTH EDITION

We have made various changes to the eighth edition to make it current and to reflect new developments in sociological research. Taken together, these changes should make the eighth edition easier for instructors to teach and even more accessible and interesting for students.

As in the previous edition, we include a separate chapter on sociological research methods (Chapter Three, "Doing Sociological Research"), but we place it after the chapter on culture as a way of capturing student interest early. *Sociology: The Essentials* is organized into five major parts: "Introducing the Sociological Imagination" (Chapter 1); "Studying Society and Social Structure" (Chapters 2 through 7); "Social Inequalities" (Chapters 8 through 12); "Social Institutions" (Chapters 13 through 15); and "Social Change" (Chapter 16).

Part I, "Introducing the Sociological Imagination," introduces students to the unique perspective of sociology, differentiating it from other ways of studying society, particularly the individualistic framework students tend to assume. Within this section, Chapter 1, "The Sociological Perspective," introduces students to the sociological perspective. The theme of debunking is introduced, as is the sociological imagination, as developed by C. Wright Mills. This chapter briefly reviews the development of sociology as a discipline, with a focus on the classical frameworks of sociological theory, as well as contemporary theories, such as feminist theory and postmodernism. The eighth edition adds examples from current events to capture student interest, including the impact of the recent recession, the high rate of suicide among veterans, the influence of social media, and the rise of the so-called "boomerang generation."

In **Part II, "Individuals and Society,"** students learn some of the core concepts of sociology. It begins with the study of culture in **Chapter 2, "Culture and the Media,"** reflecting the significance of the media in the lives of our students. There is a new section on how the widespread availability of Internet-based blogs, chat groups, and social networks is changing how people communicate, including about current events. We include a discussion of social media as a

force shaping contemporary culture. The new box, "What Would a Sociologist Say?" asks students to think sociologically about why funerals and deaths of media superstars so captivate the public. We also include new data on television and computer habits and have added a discussion of blogging as an example of cultural change.

Chapter 3, "Doing Sociological Research," contains a discussion of the research process and the tools of sociological research—the survey, participant observation, controlled experiments, content analysis, historical research, and evaluation research. New to this chapter are recent studies, such as Alice Goffman's participant observation study of people on the run from the law; techniques new to this text such as the Solomon Four-Group Experimental Design; and concepts such as unobtrusive measurement.

Chapter 4, "Socialization and the Life Course," contains material on socialization theory and research, including agents of socialization such as the media, family, and peers. Research on how families teach about race is presented, and theories of socialization are discussed. The chapter also includes information about aging and the life course. In addition to updated statistics about childhood, adolescence, and aging, there is added discussion about how socialization has changed. The "What Would a Sociologist Say?" box, for example, looks at online interaction and how the socialization process takes place in cyberspace.

Chapter 5, "Social Interaction and Social Structure," emphasizes how changes in the macrostructure of society influence the microlevel of social interaction. We do this by focusing on technological changes that are now part of students' everyday lives and making the connection between changes at the societal level in the everyday realities of people's lives. New material is included on game theory, on interpersonal attraction, and on the demographic composition of Internet users. The material in this chapter gives attention to the influence of cyberspace on social interaction. Also new are a "Doing Sociological Research" box on the "Prisoner's Dilemma" game interaction, and a "What Would a Sociologist Say?" box on congressional debates.

In **Chapter 6, "Groups and Organizations,"** we study social groups and bureaucratic organizations, using sociology to understand the complex processes of group influence, organizational dynamics, and the bureaucratization of society. In this edition, we have added a discussion of organizational culture, using the scandal at Penn State as an example. We have also added a new discussion of diversity in organizations, based on new scholarship on that topic.

Chapter 7, "Deviance and Crime," includes the study of sociological theories and research on deviance with attention to labeling theory; modern-day corporate crime and deviance; and the effects of race, class, and gender on arrest rates. Deviance is seen

as caused by the combination or *intersection* of personality variables and social-structural variables. The core material is illustrated with contemporary events, such as the rampage shooting in Arizona and the horrific mass murders of first-grade children in Newtown, Connecticut. Included in this chapter is recent research on opinions on gun ownership, the mass racialized incarceration of Blacks and Hispanics in U.S. prisons, and a discussion of what it means to be "made."

In **Part III, "Social Inequalities,"** each chapter explores a particular dimension of stratification in society. Beginning with the significance of class, **Chapter 8,** "**Social Class and Social Stratification,"** provides an overview of basic concepts central to the study of class and social stratification. The chapter has a substantial emphasis on the recent economic recession, including new material on the Occupy America movement. There is also a new discussion of the student debt crisis and new research on a wide range of topics, including the rise of the superrich, wealth differences by race, and concentrated poverty. Throughout, there is updated data on income, wealth, and poverty.

Chapter 9, "Global Stratification," follows with a particular emphasis on understanding the significance of global stratification, the inequality that has developed among, as well as within, various nations. We have added a discussion of the influence of *global outsourcing*. In this edition, we connect inequality within the United States to worldwide inequality. And we offer new information on child labor, sex trafficking as part of global inequality, and how the Gini coefficient can be used to compare inequality across nations.

Chapter 10, "Race and Ethnicity," is a comprehensive review of the significance of race and ethnicity in society, plus discussion of very recent studies of effects of Latino immigration, of skin color gradation in both Black and Hispanic communities, of different types of racism, and the relevance of net worth as opposed to annual income in Black communities. Also discussed is the new north-to-south "reverse" migration of some Blacks. We have added a section on multiracial identities, including a proand-con discussion of what has come to be called "multiracialism" and the 2010 census on multiracial identification. As well, we include new discussions of "whiteness" and of the effects of race versus social class. The chapter includes discussions of topics such as the new housing segregation, the disproportionate effects of the foreclosure crisis on minorities, the disproportionate exclusion of Blacks and Latinos from juries.

Chapter 11, "Gender," focuses on gender as a central concept in sociology closely linked to systems of stratification in society. The chapter links the social construction of gender to homophobia, and then is followed by a separate chapter on sexuality. This edition adds a discussion of the so-called postfeminist movement and

discusses the controversial book, *The End of Men*. We revised the discussion of sociological and feminist theory. Throughout, we offered updated data on earnings, employment, and gender-based attitudes.

Chapter 12, "Sexuality," treats sexuality as a social construction and a dimension of social stratification and inequality. We have put more emphasis on the influence of feminist theory on the study of sexuality. The chapter also includes new research on transgender people, as well as updated data on attitudes about sexuality, including same-sex marriage. The chapter has been reorganized to strengthen the discussion of power as well as to emphasize race/class/gender analyses of sexual stereotypes. We also provide a new box on sexuality and disability, and updated data throughout.

Part IV, "Social Institutions," includes three chapters, each focusing on basic institutions within society. Chapter 13, "Families and Religion," maintains its inclusion of important topics in the study of families, such as interracial dating, debates about same-sex marriage, fatherhood, gender roles within families, and family violence. But we have added material on important topics in family studies, including "boomerang families," the "third shift" of women's family care work, and child care. The section on religion has a new box on the rise of religious fundamentalism.

Chapter 14, "Education and Health Care," has been substantially reorganized and updated to reflect these two important topics of public policy and public debate. The section on education includes new information that considers school tracking and individualized education plans (IEP), exploring how the education system attempts to meet the needs of all students. We have added material on the current policy debates about No Child Left Behind and the Race to the Top education initiatives. In the section on health, we have new material on the Affordable Care Act, with a discussion of the debates around health care reform. We also provide new research on obesity and the health consequences of poor nutrition.

Chapter 15, "Economy and Politics," analyzes the state, power, and authority and bureaucratic government. It also contains a detailed discussion of theories of power in addition to coverage of the economy seen globally and characteristics of the labor force. For the eighth edition, we reorganized the chapter to put economy before politics, because the economy is driving so many contemporary issues. We then reorganized the material within the section on the economy, especially to emphasize diversity and the social organization of work. We provide new material on outsourcing, a new research box on precarious work, and more emphasis on the current economic crisis. We also include new research on myths about immigration and its effects on native-born workers. The section on politics includes a discussion of the influence of the Tea Party, as well as data on the 2012 elections. Also in this section is new material on democracy, authoritarianism, and

totalitarianism. In addition, we provide a new section on the military as a social institution.

Part V, "Social Change," includes Chapter 16, "Environment, Population, and Social Change." This chapter has been substantially revised for this edition so that a sociological analysis of environmental issues frames the chapters. Thus, the chapter focuses on sustainability and climate change. We also provide a new section on social dimensions of disasters. In the discussion of population processes, we include much more on the changes bringing more diversity into the U.S. population. To illustrate sociological theory, we've provided a new section on "Globalization and Modernization" to emphasize modernization as a social process.

MindTap Sociology: The Personal Learning Experience

MindTap Sociology for *Sociology: The Essentials*, eighth edition, from Cengage Learning represents a new approach to a highly personalized, online learning platform. A fully online learning solution, MindTap Sociology combines all of a student's learning tools—readings, multimedia, activities, and assessments—into a singular learning path that guides students through an introduction to sociology course. Instructors personalize the experience by customizing the presentation of these learning tools for their students, even seamlessly introducing their own content into the learning path via "apps" that integrate into the MindTap platform. Learn more at www.cengage.com/mindtap.

MindTap Sociology for *Sociology: The Essentials*, eighth edition, is easy to use and saves instructors time by allowing them to:

- Seamlessly deliver appropriate content and technology assets from a number of providers to students, as they need them.
- Break course content down into movable objects to promote personalization, encourage interactivity, and ensure student engagement.
- Customize the course—from tools to text—and make adjustments "on the fly," making it possible to intertwine breaking news into their lessons and incorporate today's teachable moments.
- Bring interactivity into learning through the integration of multimedia assets (apps from Cengage Learning and other providers) and numerous in-context exercises and supplements; student engagement will increase, leading to better student outcomes.
- Track students' use, activities, and comprehension in real time, which provides opportunities for early intervention to influence progress and outcomes. Grades are visible and archived so students and instructors always have access to current standings in the class.
- Assess knowledge throughout each section: after readings, in activities, homework, and quizzes.
- Automatically grade all homework and quizzes.

• MindTap Sociology for Sociology: The Essentials, eighth edition features Aplia assignments, which help students learn to use their sociological imagination through compelling content and thought-provoking questions. Students complete interactive activities that encourage them to think critically in order to practice and apply course concepts. These valuable critical thinking skills help students become thoughtful and engaged members of society. Aplia for Sociology: The Essentials, eighth edition is also available as a standalone product. Login to CengageBrain. com for access.

Aplia

Aplia[™] is now a part of MindTap Sociology and available separately. Aplia[™] is an online interactive learning solution that improves comprehension and outcomes by increasing student effort and engagement. Founded by a professor to enhance his own courses, Aplia provides automatically graded assignments that were written to make the most of the web medium and contain detailed, immediate explanations on every question. Our easy-to-use system has been used by more than 2,000,000 students at over 1,800 institutions.

CourseReader for Sociology

CourseReader for Sociology, first edition, allows you to create a fully customized online reader in minutes. Access a rich collection of thousands of primary and secondary sources, readings, and audio and video selections from multiple disciplines. Each selection includes a descriptive introduction that puts concepts into context, and every selection is further supported by both critical thinking and multiple-choice questions designed to reinforce key points. This easy-to-use solution allows you to select exactly the content you need for your courses and is loaded with convenient pedagogical features like highlighting, printing, note taking, and downloadable MP3 audio files for each reading.

FEATURES AND PEDAGOGICAL AIDS

The special features of this book flow from its major themes: diversity, current theory and research, debunking and critical thinking, social change, and a global perspective. The features are also designed to help students develop critical thinking skills so that they can apply abstract concepts to observed experiences in their everyday life and learn how to interpret different theoretical paradigms and approaches to sociological research questions.

Critical Thinking Features

The feature **Thinking Sociologically** takes concepts from each chapter and asks students to think about

these concepts in relationship to something they can easily observe in an exercise or class discussion. The feature **Debunking Society's Myths** takes certain common assumptions and shows students how the sociological perspective would inform such assumptions and beliefs.

See for Yourself

The feature **See for Yourself** provides students with the chance to apply sociological concepts and ideas to their own observations. This feature can also be used as the basis for writing exercises, helping students improve both their analytic skills and their writing skills.

An Extensive and Content-Rich Map Feature

We use the map feature that appears throughout the book to help students visualize some of the ideas presented, as well as to learn more about regional and international diversity. One map theme is **Mapping America's Diversity** and the other is **Viewing Society in Global Perspective.** These maps have multiple uses for instructional value, beyond instructing students about world and national geography. The maps have been designed primarily to show the differentiation by county, state, and/or country on key social facts.

High-Interest Theme Boxes

We use high-interest themes for the box features that embellish our focus on diversity and sociological research throughout the text. **Understanding Diversity** boxes further explore the approach to diversity taken throughout the book. In most cases, these box features provide personal narratives or other information designed to teach students about the experiences of different groups in society.

Because many are written as first-person narratives, they can invoke students' empathy toward groups other than those to which they belong—something we think is critical to teaching about diversity. We hope to show students the connections between race, class, and other social groups that they otherwise find difficult to grasp.

The box feature **Doing Sociological Research** is intended to show students the diversity of research questions that form the basis of sociological knowledge and, equally important, how the questions researchers ask influence the methods used to investigate the questions.

We see this as an important part of sociological research—that how one investigates a question is determined as much by the nature of the question as by allegiance to a particular research method. Some questions require a more qualitative approach; others, a more quantitative approach. In developing these box features, we ask: What is the central question sociologists are asking? How did they explore this question using sociological research methods? What did

they find? What are the implications of this research? We deliberately selected questions that show the full and diverse range of sociological theories and research methods, as well as the diversity of sociologists. Each box feature ends with **Questions to Consider** to encourage students to think further about the implications and applications of the research.

What Would a Sociologist Say? boxes take a topic of interest and examine how a sociologist would likely interpret this subject. The topics are selected to capture student interest, such as a discussion of veteran suicides, hip-hop culture, and sex and popular culture. We think this box brings a sociological perspective to commonplace events.

The feature A Sociological Eye on the Media, found in several chapters, examines some aspect of how the media influence public understanding of some of the subjects in this book. We think this is important because sociological research often debunks takenfor-granted points of view presented in the media, and we want students to be able to look at the media with a more critical eye. Because of the enormous influence of the media, we think this is increasingly important in educating students about sociology. In addition to the features just described, we offer an entire set of learning aids within each chapter that promotes student mastery of the sociological concepts.

In-Text Learning Aids

Learning Objectives. We have added learning objectives to this edition, which appear near the beginning of every chapter. Matched to the major chapter headings, these objectives identify what we expect students to learn from the chapter. Faculty may choose to use these learning objectives to assess how well students comprehend the material. We tried to develop the learning objectives based on different levels of understanding and analysis, recognizing the various paths that students take in how they learn material.

Chapter Outlines. A concise chapter outline at the beginning of each chapter provides students with an overview of the major topics to be covered.

Key Terms. Key terms and major concepts appear in bold when first introduced in the chapter. A list of the key terms is found at the end of the chapter, which makes study more effective. Definitions for the key terms are found in the glossary.

Theory Tables. Each chapter includes a table that summarizes different theoretical perspectives by comparing and contrasting how these theories illuminate different aspects of different subjects.

Chapter Summary in Question-and-Answer Format. Questions and answers highlight the major points in each chapter and provide a quick review of major concepts and themes covered in the chapter.

A **Glossary** and complete **References** for the whole text are found at the back of the book.

SOCIOLOGY: THE ESSENTIALS, EIGHTH EDITION SUPPLEMENTS

Sociology: The Essentials, eighth edition, is accompanied by a wide array of supplements prepared to create the best learning environment inside as well as outside the classroom for both instructors and students. All the continuing supplements for Sociology: The Essentials, eighth edition, have been thoroughly revised and updated. We invite you to take full advantage of the teaching and learning tools available to you.

For Instructors

Instructor's Resource Manual. This supplement offers instructors brief chapter outlines, student learning objectives, American Sociological Association recommendations, key terms and people, detailed chapter lecture outlines, lecture/discussion suggestions, student activities, chapter worksheets, video suggestions, video activities, and Internet exercises. The eighth edition also includes a syllabus to help instructors easily organize learning tools such as Aplia and create lesson plans.

Test Bank. This instructor-reviewed test bank consists of a myriad of multiple-choice, true/false, short-answer, and essay questions for each chapter, all with page references to the text. Each multiple-choice item has the question type (factual, applied, or conceptual) indicated, and all test questions will be mapped to a learning objective for the chapter. All questions are also labeled as new, modified, or pickup so instructors know if the question is new to this edition of the test bank, modified but picked up from the previous edition of the test bank, or picked up straight from the previous edition of the test bank.

Cengage Learning Testing Powered by Cognero. This flexible, online system allows teachers to author, edit, and manage test bank content from multiple Cengage Learning solutions, create multiple test versions in an instant, and deliver tests from your LMS, your classroom, or wherever you want.

PowerPoint Slides. Preassembled Microsoft® PowerPoint® lecture slides with graphics from the text make it easy for you to assemble, edit, publish, and present custom lectures for your course.

The Sociology Video Library Vol. I-IV. These DVDs drive home the relevance of course topics through short, provocative clips of current and historical events. Perfect for enriching lectures and engaging students in discussion, many of the segments on this volume have been gathered from BBC Motion Gallery. Ask your Cengage Learning representative for a list of contents.

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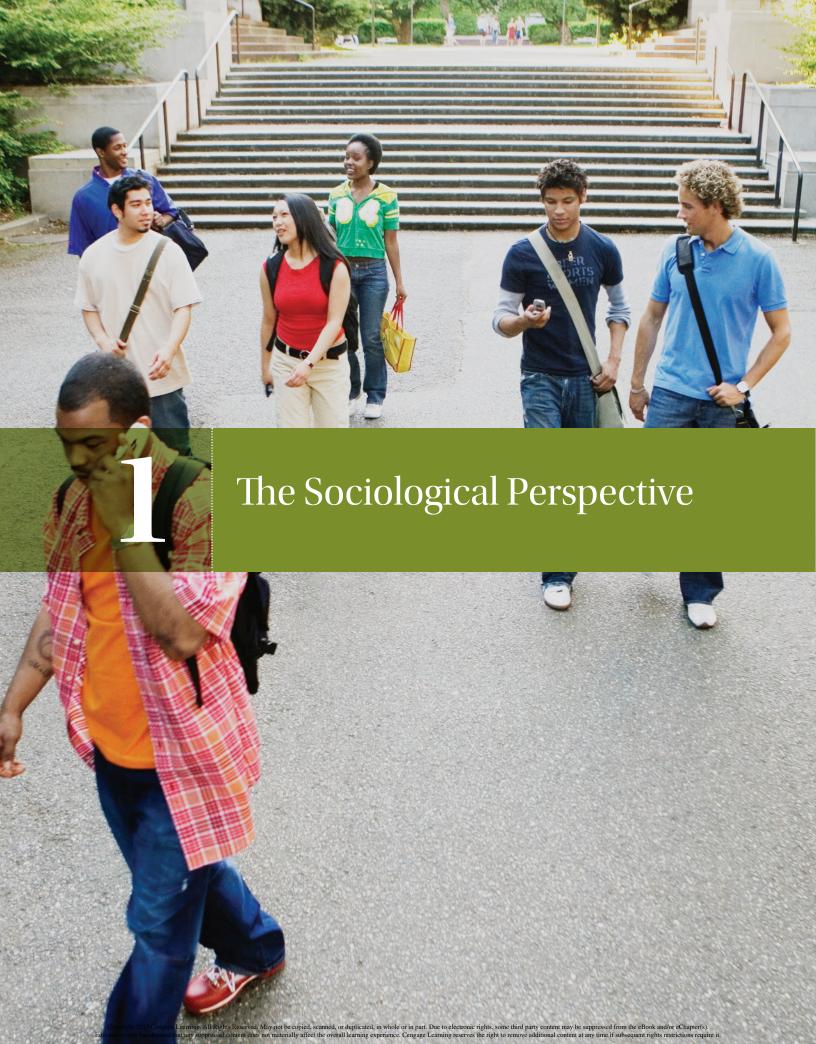


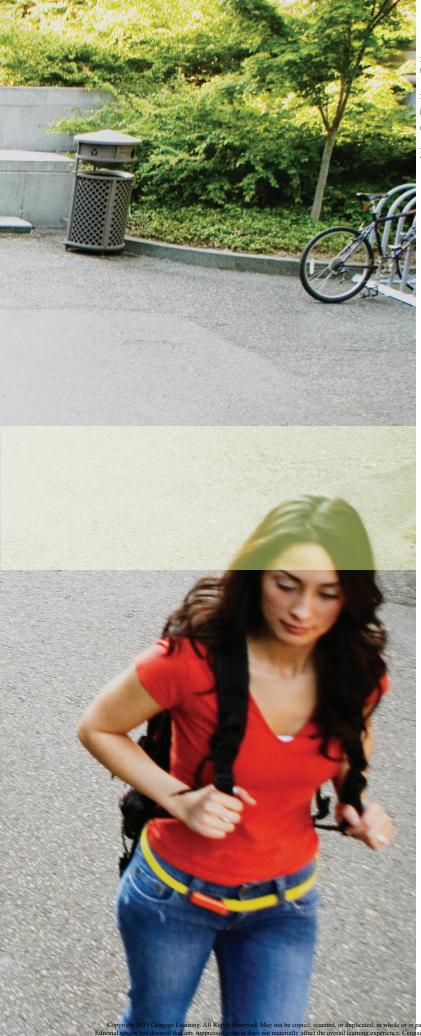
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sociology 8 the essentials





What Is Sociology?
The Sociological Perspective
The Significance of Diversity
The Development of Sociological Theory
Theoretical Frameworks in Sociology
Chapter Summary

imagine that you had been switched with another infant at birth. How different would your life be? What if your accidental family was very poor . . . or very rich? How might this have affected the schools you attended, the health care you received, and the possibilities for your future career? If you had been raised in a different religion, would this have affected your beliefs, values, and attitudes? Taking a greater leap, what if you had been born another sex or a different race? What would you be like now?

We are talking about changing the basic facts of your life—your family, social class, education, religion, sex, and race. Each has major consequences for who you are and how you will fare in life. These factors play a major part in writing your life script. Social location (meaning a person's place in society) establishes the limits and possibilities of a life.

Consider this:

- During economic recessions, families where the couple is less rigidly tied to traditional breadwinner/homemaker roles are less likely to experience family strain than is true for families with more traditional gender roles (Sherman 2009).
- The people least likely to attend college are those most likely to benefit from it (Brand and Xie 2010).
- During the housing foreclosure crisis in the recent recession, women of color were five times more likely than men of any color in the same income brackets to hold subprime mortgages—that is, mortgages with interest rates higher than the prime rate (Fishbein and Woodall 2006).
- Gender and racial diversity in for-profit business organizations is associated with increased sales revenues, more customers, and higher profits (Herring 2009).

These conclusions, drawn from current sociological research, describe some consequences of particular social locations in society. Although we may take our place in society for granted, our social location has a profound effect on our chances in life. The power of sociology is that it teaches us to see how society influences our lives and the lives of others, and it helps us explain the consequences of different social arrangements.

Sociology also has the power to help us understand the influence of major changes on people. Currently, rapidly developing technologies, increasing globalization, a more diverse population in the United States, and changes in women's roles are affecting everyone in society, although in different ways. How are these changes affecting your life? Perhaps you rely on social media to keep in touch with friends. Maybe your community is witnessing an increase in immigrants from other places. Or, maybe you see women and men trying hard to balance the needs of both work and family life. All of these are issues that guide sociological questions. Sociology explains some of the causes and consequences of these changes.

Although society is always changing, it is also remarkably stable. People generally follow established patterns of human behavior, and you can generally anticipate how people will behave in certain situations. You can even anticipate how different social conditions will affect different groups of people in society. This is what sociologists find so interesting: Society is marked by both change and stability. Societies continually evolve, creating the need for people to adapt to change while still following generally established patterns of behavior.

learning objectives

- Illustrate what is meant by saying that human behavior is shaped by social structure
- Question individualistic explanations of human behavior
- Describe the significance of diversity in studying contemporary society
- Explain the origins of sociological theory
- Compare and contrast major frameworks of sociological theory

WHAT IS SOCIOLOGY?

Sociology is the study of human behavior in society. Sociologists are interested in the study of people and have learned a fundamental lesson: Human behavior, even when seemingly "natural" or taken for granted, is shaped by social structures—structures that have their origins beyond the immediately visible behaviors of everyday life. In other words, *all human*



Sociology is the study of human behavior. What social behaviors do you see here?

behavior occurs in a social context. That context—the institutions and culture that surround us—shapes what people do and think. In this book, we will examine the dimensions of society and analyze the elements of social context that influence human behavior.

Sociology is a scientific way of thinking about society and its influence on human groups. Observation, reasoning, and logical analysis are the tools of sociologists, coupled with knowledge of the large body of theoretical and analytical work. Sociology is inspired by the fascination people have for observing people, but it goes far beyond casual observations. It builds from objective and accurate analyses that others can validate as reliable.

Every day, the media in their various forms (television, film, video, digital, and print) bombard us with social commentary. Media commentators provide endless opinion about the various and sometimes bizarre forms of behavior in our society. Sociology is different. Sociologists often appear in the media, and they study some of the same subjects that the media examine, such as crime, violence, or income inequality, but sociologists use specific research techniques and well-tested theories to explain social issues. Indeed, sociology can provide the tools for testing whether the things we hear about society are actually true. Much of what we hear in the media and elsewhere about society, although delivered with perfect earnestness, is misstated and sometimes completely wrong, as you will see in some of the "Debunking Society's Myths" examples featured throughout this book.

key SOCIOlogical concepts

As you build your sociological perspective, you must learn certain key concepts to begin understanding how sociologists view human behavior. Social structure, social institutions, social change, and social interaction are not the only sociological concepts, but they are fundamental to grasping the sociological perspective.

Social Interaction. Sociologists see **social interaction** as behavior between two or more people that is given meaning. Through social interaction, people react and change, depending on the actions and reactions of others. Because society changes as new forms of human behavior emerge, change is always in the works.

Social Structure. We define social structure as the organized pattern of social relationships and social institutions that together constitute society. Social structure is not a "thing," but refers to the fact that social forces not always visible to the human eye guide and shape human behavior. Acknowledging that social structure exists does not mean that humans have no choice in how they behave, only that those choices are largely conditioned by one's location in society.

Social Institutions. In this book, you will also learn about the significance of social institutions, defined as established and organized systems of social behavior with a particular and recognized purpose. The family, religion, marriage, government, and the economy are examples of major social institutions. Social institutions confront individuals at birth and transcend individual experience, but they still influence individual behavior.

Social Change. As you can tell, sociologists are also interested in the process of social change, the alteration of society over time. As much as sociologists see society as producing certain outcomes, they do not see society as fixed, nor do they see humans as passive recipients of social expectations. Sociologists view society as stable but constantly changing.

As you read this book, you will see that these key concepts—social interaction, social structure, social institutions, and social change—are central to the sociological imagination.

thinking sociologically

Q: What do the following people have in common?

First Lady Michelle Obama Robin Williams (actor, comedian) Ronald Reagan (former president) Reverend Martin Luther King, Jr. Regis Philbin (TV personality) Reverend Jesse Jackson Saul Bellow (novelist; Nobel Prize recipient) Joe Theismann (former football player and TV personality) Congresswoman Maxine Waters (from California) Senator Barbara Mikulski (from Maryland)

A: They were all sociology majors!

Source: Compiled by Peter Dreier, Occidental College.

The subject matter of sociology is everywhere. This is why people sometimes wrongly believe that sociology just explains the obvious. But sociologists bring a unique perspective to understanding social behavior and social change. Even though sociologists often do research on familiar topics, such as youth cultures or relations between women and men, they do so using particular research tools and specific frames of analysis (known as sociological theory). Psychologists, anthropologists, political scientists, economists, social workers, and others also study social behavior, although each has a different perspective or "angle" on people in society. Together,

these fields of study (also called disciplines) make up what are called the social sciences.

THE SOCIOLOGICAL PERSPECTIVE

Think back to the opening of this chapter where you were asked to imagine yourself growing up under completely different circumstances. Our goal in that passage was to make you feel the stirring of the sociological perspective—the ability to see the societal patterns that influence individual and group life. The beginnings of the sociological perspective can be as simple as the pleasures of watching people or wondering how society influences people's lives. Indeed, many students begin their study of sociology because they are "interested in people." Sociologists convert this curiosity into the systematic study of how society influences different people's experiences within it.

C. Wright Mills (1916-1962) was one of the first to write about the sociological perspective in his classic book, The Sociological Imagination (1959). He wrote that the task of sociology was to understand the relationship between individuals and the society in which they live. He defined the sociological imagination as the ability to see the societal patterns that influence the individual as well as groups of individuals. Sociology should be used, Mills argued, to reveal how the context of society shapes our lives. He thought that to understand the experience of a given person or group of people, one had to have knowledge of the social and historical context in which people lived.

Think, for example, about the time and effort that many people put into their appearance. You might ordinarily think of this as merely personal grooming or an individual attempt to "look good," but there are significant social origins of this behavior. When you stand in front of a mirror, you are probably not thinking about how society is present in your reflection. But as you look in the mirror, you are seeing how others see you and are very likely adjusting your appearance with that in mind, even if not consciously. Therefore, this seemingly individual behavior is actually a very social act. If you are trying to achieve a particular look, you are likely doing so because of social forces that establish particular ideals, which are produced by industries that profit enormously from the products and services that people buy, even when they do so believing this is an individual choice.

Some industries suggest that you should be thinner or curvier, your pants should be baggy or straight, your breasts should be minimized or maximized—either way you need more products. Maybe you should have a complete makeover! Many people go to great lengths to try to achieve a constantly changing beauty ideal, one that is probably not even attainable (such as flawless skin, hair always in place, perfectly proportioned body parts). Sometimes trying to meet these ideals can even be hazardous to your physical and mental health.

The point is that the alleged standards of beauty are produced by social factors that extend far beyond an individual's concerns with personal appearance. Beauty ideals, like other socially established beliefs and practices, are produced in particular social and historical contexts. People may come up with all kinds of personal strategies for achieving these ideals: They may buy more products, try to lose more weight, get a Botox treatment, or even become extremely depressed and anxious if they think their efforts are failing. These personal behaviors may seem to be only individual issues, but they have basic social causes. That is, the origins of these behaviors exist beyond personal lives. The sociological imagination permits us to see that something as seemingly personal as how you look arises from a social context, not just individual behavior.

Sociologists are certainly concerned about individuals, but they are attuned to the social and historical context that shapes the experiences of individuals and groups. A distinction made by the sociological imagination is that made between *troubles* and *issues*. **Troubles** are privately felt problems that spring from events or feelings in a person's life. **Issues** affect large numbers of people and have their origins in the institutional arrangements and history of a society (Mills 1959). This distinction is the crux of the difference between individual experience and social structure, defined as



Personal troubles are felt by individuals who are experiencing problems; social issues arise when large numbers of people experience problems that are rooted in the social structure of society.

the organized pattern of social relationships and social institutions that together constitute society. Issues shape the context within which troubles arise. Sociologists employ the sociological perspective to understand how issues are shaped by social structures.

Mills used the example of unemployment to explain the meaning of troubles versus issues—an example that has particular resonance now, given the economic recession the United States has experienced and the personal troubles (including unemployment) that this has generated. When an individual person becomes unemployed—or cannot find work—he or she has a personal trouble. Think of the worry that many college graduates have experienced in trying to find work during the recession. In addition to financial problems that unemployment brings, a person may feel a loss of identity, may become depressed, may have to uproot a family and move, or—in the case of college students—may have to move back home with parents after graduation.

The problem of unemployment, however, is deeper than the experience of one person. Unemployment is rooted in the structure of society; this is what interests sociologists. What societal forces cause unemployment? Who is most likely to become unemployed at different times? How does unemployment affect an entire community (for instance, when a large plant shuts down) or an entire nation (such as during the economic downturn of recent years)? Sociologists know that unemployment causes personal troubles, but understanding unemployment is more than understanding one person's experience. It requires understanding the social structural conditions that influence people's lives.

thinking sociologically

Troubles and Issues

Personal troubles are everywhere around us: alcohol abuse or worries about money or even being upset about how you look. At the individual level, these things can be deeply troubling, and people sometimes need personal help to deal with them. But most personal troubles, as C. Wright Mills would say, also have their origins in societal arrangements. Take the example of alcohol abuse.

What are some of the things about society—not just individuals—that might influence this personal trouble? Is there a culture of drinking on your campus that generates peer pressure to drink? Do people drink more when they are unemployed? Is drinking more common among particular groups or at different times in history? Who profits from people's drinking? Thinking about these questions can help you understand the distinction that Mills makes between personal troubles and social issues.

The specific task of sociology, according to Mills, is to comprehend the whole of human society-its personal and public dimensions, historical and contemporary—and its influence on the lives of human beings. Mills had an important point: People often feel that things are beyond their control, meaning that they are being shaped by social forces larger than their own individual lives. Social forces influence our lives in profound ways, even though we may not always know how. Consider this: Sociologists have noted a current trend, popularly labeled "the boomerang generation" or "accordion families" (Newman 2012). This refers to the pattern whereby many young people, after having left their family home to attend college, are returning home after graduation. Although this may seem like an individual decision to save money on housing or live "free" while paying off student loans, when a whole generation experiences this living arrangement, there are social forces at work that extend beyond individual decisions. In other words, people feel the impact of social forces in their personal lives, even though they may not always know the full dimensions of those forces. This is where sociology comes into playrevealing the social forces that shape the different dimensions of our day-to-day lives.

Sociology is an empirical discipline. This means that sociological conclusions are based on careful and systematic observations, as we will see in Chapter 3 on sociological research methods. In this way, sociology is very different from ordinary common sense. For empirical observations to be useful to other observers, they must be gathered and recorded rigorously. Sociologists are also obliged to

reexamine their assumptions and conclusions constantly. Although the specific methods that sociologists use to examine different problems vary, as we will see, the empirical basis of sociology is what distinguishes it from mere opinion or other forms of social commentary.

Discovering Unsettling Facts

In studying sociology, it is crucial to examine the most controversial topics and to do so with an open mind, even when you see the most disquieting facts. The facts we learn through sociological research can be "inconvenient" because the data can challenge familiar ways of thinking. Consider the following:

- Even though many think of the Internet as promoting more impersonal social interaction, sociological research finds that people with Internet access are actually more likely to have romantic partners because of meeting people online (Rosenfeld and Thomas 2012).
- Despite the widespread idea promoted in the media that well-educated women are opting out of professional careers to become "stay-at-home moms," the proportion of college-educated White women who stay home with children has actually declined; those who opt out of work do so more typically because of frustration with how they are treated at work (Stone 2007).
- The number of women prisoners has increased at almost twice the rate of increase for men; two-thirds of women and half of men in prison are parents (Glaze and Maruschak 2008; Sabol and Couture 2008).

These facts provide unsettling evidence of persistent problems in the United States, problems that are embedded in society, not just in individual behavior. Sociologists try to reveal the social factors that shape society and determine the chances of success for different groups. Some never get the chance to go to college; others are unlikely to ever go to jail. These divisions persist because of people's placement within society.

Sociologists study not just the disquieting side of society. Sociologists may study questions that affect everyday life, such as how young boys and men are affected by changing gender roles (Kimmel 2008), worker-customer dynamics in nail salons (Kang 2010), or the expectations that young women and men have for combining work and family life (Gerson 2010). There are also many intriguing studies of unusual groups, such as cyberspace users (Kendall 2002), strip clubs and dancers (Price-Glynn 2010; Barton 2006), or heavily tattooed people, known as collectors (Irwin 2001). The subject matter of sociology is vast. Some research illuminates odd corners of society; other studies address urgent problems of society that may affect the lives of millions.

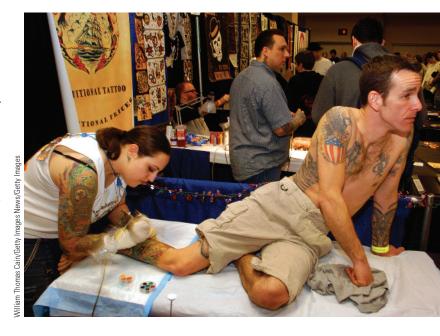
Debunking in Sociology

The power of sociological thinking is that it helps us see everyday life in new ways. Sociologists question actions and ideas that are usually taken for granted. Peter Berger (1963) calls this process "debunking." **Debunking** refers to looking behind the facades of everyday life—what Berger called the "unmasking tendency" of sociology (1963: 38). In other words, sociologists look at the behind-the-scenes patterns and processes that shape the behavior they observe in the social world.

Take schooling, for example: We can see how the sociological perspective debunks common assumptions about education. Most people think that education is primarily a way to learn and get ahead. Although this is true, a sociological perspective on education reveals something more. Sociologists have concluded that more than learning takes place in schools; other social processes are at work. Social cliques are formed where some students are "insiders" and others are excluded "outsiders." Young schoolchildren acquire not just formal knowledge but also the expectations of society and people's place within it. Race and class conflicts are often played out in schools (Lewis 2003). Poor children seldom have the same resources in schools as middleclass or elite children, and they are often assumed to be incapable of doing schoolwork and are treated accordingly. The somber reality is that schools may actually stifle the opportunities of some children rather than launch all children toward success (Kozol 2006).

Debunking is sometimes easier to do when looking at a culture or society different from one's own. Consider how behaviors that are unquestioned in one society may seem positively bizarre to an outsider. For a thousand years in China, it was usual for the elite classes to bind the feet of young girls to keep the feet from growing bigger-a practice allegedly derived from a mistress of the emperor. Bound feet were a sign of delicacy and vulnerability. A woman with large feet (defined as more than 4 inches long!) was thought to bring shame to her husband's household. The practice was supported by the belief that men were highly aroused by small feet, even though men never actually saw the naked foot. If they had, they might have been repulsed, because a woman's actual foot was U-shaped and often rotten and covered with dead skin (Blake 1994). Outside the social, cultural, and historical context in which it was practiced, footbinding seems bizarre, even dangerous. Feminists have pointed out that Chinese women were crippled by this practice, making them unable to move about freely and more dependent on men (Chang 1991).

This is an example of outsiders debunking a practice that was taken for granted by those within





Cultural practices that seem bizarre to outsiders may be taken for granted or defined as appropriate by insiders.

the culture. Debunking can also call into question practices in one's own culture that may normally go unexamined. Strange as the practice of Chinese footbinding may seem to you, how might someone from another culture view wearing shoes that make it difficult to walk? Or piercing one's tongue or eyebrow? Many take these practices of contemporary U.S. culture for granted, just as they do Chinese footbinding. Until these cultural processes are debunked, seen as if for the first time, they might seem normal.

DOING SOCIOLOGICAL research

Debunking the Myths of Black Teenage Motherhood

Research Question: Sociologist Elaine Bell Kaplan knew that there was a stereotypical view of Black teen mothers that they had grown up in fatherless households where their mothers had no moral values and no control over their children. The myth of Black teenage motherhood also depicts teen mothers as unable to control their sexuality, as having children to collect welfare checks, and as having families who condone their behavior. Is this true?

Research Method: Kaplan did extensive research in two communities in the San Francisco Bay area—East Oakland and Richmond-both communities with a large African American population and typical of many inner-city, poor neighborhoods. Once thriving Black communities, East Oakland and Richmond are now characterized by high rates of unemployment, poverty, inadequate schools, crime, drug-related violence, and high numbers of single-parent households. Having grown up herself in Harlem, Kaplan knew that communities like those she studied have not always had these problems, nor have they condoned teen pregnancy. She spent several months in these communities, working as a volunteer in a community teen center that provided educational programs, day care, and counseling to

teen parents, and "hanging out" with a core group of teen mothers. She did extensive interviews with thirty-two teen mothers, supplementing them when she could with interviews with their mothers and, sometimes, the fathers of their children.

Research Results: Kaplan found that teen mothers adopt strategies for survival that help them cope with their environment, even though these same strategies do not help them overcome the problems they face. Unlike what the popular stereotype suggests, she did not find that the Black community condones teen pregnancy; quite the contrary, the teens felt embarrassed and stigmatized by being pregnant and experienced tension and conflict with their mothers, who saw their pregnancy as disrupting the hopes they had for their daughters' success. These conclusions run directly counter to the public image that such women do not value success and live in a culture that promotes welfare dependency.

Conclusions and Implications: Instead of simply stereotyping these teens as young and tough, Kaplan sees them as struggling to develop their own gender and sexual identity. Like other teens, they are highly vulnerable, searching for love and aspiring to create a meaningful

and positive identity for themselves. But failed by the educational system and locked out of the job market, the young women's struggle to develop an identity is compounded by the disruptive social and economic conditions in which they live.

Kaplan's research is a fine example of how sociologists debunk some of the commonly shared myths that surround contemporary issues. Carefully placing her analysis in the context of the social structural changes that affect these young women's lives, Kaplan provides an excellent example of how sociological research can shed new light on some of our most pressing social problems.

Questions to Consider

- 1. Suppose that Kaplan had studied middle-class teen mothers. What similarities and differences would you predict in the experiences of middle-class and poor teen mothers? Does race matter? In what ways does your answer debunk myths about teen pregnancy?
- 2. Make a list of the challenges you would face were you to be a teen parent. Having done so, indicate those that would be considered personal troubles and those that are social issues. How are the two related?

Source: Kaplan, Elaine Bell. 1996. Not Our Kind of Girl: Unraveling the Myths of Black Teenage Motherhood. Berkeley, CA: University of California Press.

debunking society's myths

(Smith 2009). •

MYTH: Email scams promising to deliver a large sum of cash from some African bank if you contact the email deliverer prey on people who are just stupid or old. **SOCIOLOGICAL RESEARCH:** Studies of such email scams indicate that Americans and Brits are especially susceptible to such scams because they play on widely held cultural stereotypes about Africa (that these are economically unsophisticated nations in which people are unable to manage money). These scams also exploit the American cultural belief that it is possible to "get rich quick"—reflecting a belief in individualism and the belief that anyone who tries hard enough can get ahead

Establishing Critical Distance

Debunking requires critical distance—that is, being able to detach from the situation at hand and view things with a critical mind. The role of critical distance in developing a sociological imagination is well explained by the early sociologist Georg Simmel (1858-1918). Simmel was especially interested in the role of strangers in social groups. Strangers have a position both inside and outside social groups; they are part of a group without necessarily sharing the group's assumptions and points of view. Because of this, the stranger can sometimes see the social structure of a group more readily than can people who are thoroughly imbued with the group's worldview. Simmel suggests that the sociological perspective requires a combination of nearness and distance. One